

I reviewed all 60 questions in [2026 NFHS Football Exam.pdf](#). Below is my best rules-based answer key, using 2026 NFHS references and current NJSIAA guidance. [\[2026 NFHS...tball Exam | PDF\]](#), [\[nfhs.org\]](#), [\[njsiaa.org\]](#)

NFHS Questions 1-50

#	Answer	Rule reference and reasoning
1	True	9-4-7: No player may slap an opponent's head. This applies to offense and defense.
2	False	1-5-3c(9): Play cards may be worn on the wrist, arm or belt beginning in 2026. [asaa.org] , [nfhs.org]
3	False	1-6-1: Supplementary game-administration equipment requires authorization by the state association , not merely the referee.
4	True	4-1-6; 7-1: An illegal snap or snap infraction is a dead-ball foul.
5	True	2-32-6: A disqualified player may be permitted to remain in the team box if allowed by the state association. [asaa.org] , [osaa.org]
6	False	9-3-2: A defensive player may use locked hands to ward off an opponent who is blocking or attempting to block.
7	False	6-5-4: A free kick following a fair catch must be a place kick or drop kick, not a punt.
8	True	2-16-1: This is the definition of a foul.
9	True	1-5-1d(5)a: Nonprotective or dangerous mouth-protector attachments are prohibited in 2026. [members-nf...zonaws.com] , [nfhs.org]
10	False	2-18; 2-19: The statement defines a fumble . A muff is unsuccessful touching of a loose ball while attempting to secure possession.
11	False	2-9-3: An invalid fair-catch signal is a signal by a member of the receiving team.
12	False	2-9-1: A scrimmage-kick fair catch must be made beyond K's neutral zone.

#	Answer	Rule reference and reasoning
13	False	2-32-9: “On the line” is determined by the player’s position relative to the snapper’s waistline plane, not simply being within one yard.
14	True	9-4-3h: Merely contacting the face mask is not the face-mask foul unless it is grasped and twisted, turned or pulled. Other illegal contact could still apply.
15	False	2-16-3, 2-16-5: Clipping during the down followed by a dead-ball pile-on is not a multiple foul. The dead-ball foul is enforced separately.
16	False	1-5-2c: A knee brace worn over the pants must be properly covered.
17	True	9-1-2: An offensive player other than the runner may not grasp or encircle a teammate to create interlocked blocking.
18	True	2-31: A pass has crossed the neutral zone when the entire ball has been beyond the neutral zone.
19	True	2-25-1: Each team has a free-kick line corresponding to its scrimmage line.
20	True	2-4: A live ball is always in team possession, including while it is loose.
21	True	2-25-1; 6-1-1: Free-kick lines are normally 10 yards apart, but the rules recognize situations where they may be less than 10 yards apart.
22	False	7-2-8: A planned loose ball in the vicinity of the snapper is illegal and cannot simply be advanced by any lineman.
23	False	3-4-3; 4-2-3: Following an inadvertent whistle and replay of the down, the clock starts on the snap.
24	False	9-3 Penalty: A chop block carries a 15-yard penalty.
25	True	4-2-3: Because the ball is loose following the blocked kick when the inadvertent whistle sounds, the down is replayed.
26	False	4-3-1: A loose ball touching an official who is out of bounds becomes out of bounds. The touching is not simply ignored.

#	Answer	Rule reference and reasoning
27	True	7-5-6: An eligible receiver once eligible is always eligible Note receiver goes out of bounds on their own they cannot be the first to touch the ball
28	False	9-6: Illegal participation can be committed by a nonplayer entering or remaining on the field during the down.
29	True	5-3-2: The referee may direct the head line judge to bring the line-to-gain equipment onto the field.
30	True	1-5-2d; 1-5-3c(6): The arm-sleeve manufacturing specification becomes effective in 2027. [members-nf...zonaws.com], [nfhs.org]
31	True	7-1-7: A false start causes the ball to remain dead.
32	False	8-5-3: An interception in B's end zone that becomes dead there is ordinarily a touchback, not a safety.
33	True	4-3-3: A forward fumble out of bounds between the goal lines is returned to the fumble spot.
34	False	3-4-1: On a free kick, the game clock starts when the kick is legally touched in the field of play, not at the ready-for-play.
35	False	1-6; 2-6: Authorized electronic communication may be used during an outside-the-nine-yard-marks conference, subject to the equipment restrictions.
36	True	8-5-2: A safety results when an accepted offensive foul is enforced from a spot in the offender's own end zone.
37	True	7-5-6: Interior linemen who are ineligible when the snapper touches the ball remain ineligible during that down.
38	False	2-18: A fumble requires prior player possession. Before possession, the action is a muff.
39	True	10-4-4a: For illegal batting or illegal kicking by A behind the basic spot, the basic spot is the spot of the foul. [asaa.org], [region1foo...icials.com]

#	Answer	Rule reference and reasoning
40	True	1-5-3: A participating player may not wear audio or video equipment to record or transmit audio or video.
41	True	1-5-1d(5)a: Dangerous or nonprotective mouth-protector components are prohibited.
42	False	6-1-9: An untouched free kick going out of bounds is a foul by K and does not belong to K. R has its prescribed options.
43	False	10-4; 10-5: Dead-ball fouls are administered separately and in order, generally from the succeeding spot, not always from the foul spot.
44	False	1-2-5: Uprights must extend at least 20 feet above the crossbar.
45	True	2-31-2: A backward pass ends when caught, recovered or out of bounds.
46	False	2-18; 2-19: The statement defines a muff, not a fumble.
47	True	1-3-4: A kicking tee may elevate the lowest point of the ball no more than two inches.
48	True	3-4-4; 5-1: The clock stops after fourth down so officials can determine and award the new series.
49	False	1-5-3: Ball-colored exterior arm coverings or undershirts are prohibited because they may camouflage the football.
50	True	3-1-6: The state association may establish halftime between 10 and 20 minutes.